



COMPETITION-INTRODUCTION CERTIFICATION ON – FIELD EVALUATION

Overview

Remember the coach is being evaluated, not the drills the coach selects. The Coach is being evaluated on competency, teaching ability and techniques, skill and concept delivery, communication and interaction with the athletes, along with the ability to follow time lines. You can use your Competition-Introduction Weekend #1 and Weekend #2 Clinic materials as a resource for drills and concepts. Coach must complete **SECTION A** (see page 2) and submit to the evaluator prior to the on-field evaluation.

Objectives

- Facility check to oversee field and equipment safety - EAP
- Greet your athletes and a Dynamic Warm-up
- Gather your athletes and present your practice plan – Evaluator will be present
 - Practice plan must be written or typed out prior to practice – also needs to be submitted with SECTION A to the evaluator prior to on-field evaluation.
- Coach the drills/activities rather than running them
- Use full field and/or facility and have all needed equipment readily available
- Practice plan needs to be appropriate for time of season and contain warm-up and cool-down
- Practice plan must contain **FOUR** skill components: Must include Hitting and at least three of the other four listed skills:
 - Hitting – must do hitting**
 - 1. Throwing
 - 2. Fielding (Infield and/or Outfield)
 - 3. Base running
 - 4. Bunting
- All skills performed must contain Technical and Tactical component
- Total time should not exceed 90 minutes and a minimum of 75 minutes

Debrief

Gather your team immediately after practice completion. Take five minutes to give and gather feedback.

Evaluation

The Coach and the Evaluator will now review the practice. The coach can review the Evaluation Tool that will be used by the Evaluator. It is available on www.softball.bc.ca, and it is part of the Weekend #2 Clinic Material.

Helpful Hints

- State drill objectives clearly
 - **MUST** include 1-3 Teaching Points
- Be aware of time
- Keep water breaks and set-up times short
- Refer to Weekend #1 Reference Material – Practice Planning
- Remember your EAP and a First Aid Kit
- Assistants or parents run the drills – you coach
- Know the five stages of athletic development
- Circulate and communicate with all athletes and helpers



SECTION A: Coach Information (This section must be completed by the coach)

Name												
	Last Name		First Name		NCCP #							
Address												
	Street Address										Apartment #	
	City				Province		Postal Code					
Phone	()		()		()							
	Cell		Home		Business							
Email												

Age category of athletes for which this practice is planned:		Classification of athletes for which this practice is planned:	
Time of the season for which this practice is planned:			

OBJECTIVES					RATIONALE						
Indicate the three main objectives of the practice:					Indicate the rationale for choosing these objectives:						
1.					1.						
2.					2.						
3.					3.						
PRACTICE EXPECTATIONS											
Indicate practice expectation by placing an (X) in the appropriate box:											
Technical Expectations					Physical Expectations						
Low		Med.		High		Low		Med.		High	
Explain:					Explain:						
Tactical Expectations					Mental Expectations						
Low		Med.		High		Low		Med.		High	
Explain:					Explain:						

NOTE: Attach a copy of your practice plan to this form. See page 1 for more details.